

## Questions: Chapter 13

### ***Health Is Academic: A Guide to Coordinated School Health Programs*** **“Summary: Fulfilling the Promise”**

For Continuing Education Contact Hours

Area of Responsibility:

Responsibility II - Planning Effective Health Education Programs

The following questions are directly related to Chapter 13: “Summary: Fulfilling the Promise” written by E. Marx in *Health Is Academic: A Guide to Coordinated School Health Programs*.

Please answer the following questions:

**1. The authors of Health Is Academic assert that educational reforms will be effective only if:**

- a. School budgets stop shrinking
- b. Students' health and well-being is at the heart of policy making
- c. Schools can concentrate on doing what they do better
- d. All of the above

**2. Existing data demonstrate all except which of the following?**

- a. Teachers' participation in school-site health promotion programs increases students' test scores
- b. The quality of the school environment can enhance the quality of a school health program
- c. School nutrition services can improve students' test scores
- d. School health education is a cost-effective public health measure

**3. All schools have implemented some aspect of a coordinated school health program.**

- a. True
- b. False

**4. Professional development for coordinated school health programs must occur at preservice and inservice levels and should involve which of the following?**

- a. Health and education professionals
- b. School administrators
- c. Colleges and universities
- d. All of the above

**5. Collaboration for a coordinated school health program involves:**

- a. Government and nongovernment agencies
- b. Students
- c. Education and health professionals
- d. All of the above

**6. Fully functioning school health programs need adequate:**

- a. Personnel
- b. Materials
- c. Space
- d. All of the above

**7. An institutionalized coordinated school health program depends on many things, including:**

- a. Increased funding every year
- b. No staff turnover
- c. Continuously updated materials and technology
- d. Consistent, stable support from the school and community

**8. Included in the steps that can lay the foundation for the institutionalization of a coordinated school health program are:**

- a. Key members of the school community have attended at least one workshop that promotes understanding of coordinated school health programs
- b. An interdisciplinary school health team or Healthy School Team meets regularly
- c. The school community demonstrates increased commitment to the health of students and staff
- d. All of the above

**9. Institutionalization of a coordinated school health program will require as long as:**

- a. 1-3 years
- b. 3-5 years
- c. 5-10 years
- d. 10-15 years

**10. A coordinated school health program can do which of the following?**

- a. Improve the future of students
- b. Advance students' learning
- c. Promote students' health
- d. All of the above