

Questions: Chapter 2

Health Is Academic: A Guide to Coordinated School Health Programs **“Implementing Coordinated School Health Programs in Local Schools”**

For Continuing Education Contact Hours

Area of Responsibility:

Responsibility II - Planning Effective Health Education Programs

The following questions are directly related to Chapter 2:

“Implementing Coordinated School Health Programs in Local Schools” written by J.V. Fetro in *Health Is Academic: A Guide to Coordinated School Health Programs*.

Please answer the following questions:

1. According to the national focus group of school principals, board members, and district-level administrators convened to inform this chapter, all of the following characteristics contributed to successful implementation of innovative programs except:

- a. Potential to enhance, supplement, or support existing programs
- b. Unquestioning support of staff, students, families, and community members
- c. Perceived value in addressing identified needs
- d. Capacity for broadening the knowledge base of students or staff

2. The amount of professional development staff will need to implement a coordinated school health program is descriptive of one of Rogers' five characteristics critical to successful implementation. Which one?

- a. Relative advantage
- b. Compatibility
- c. Complexity
- d. Trialability

3. Steps to implement a coordinated school health program (Figure 2.2):

- a. Must be done sequentially
- b. Will vary in sequence depending on local circumstances, but most schools will engage in all
- c. Must be completed in full
- d. Can only be initiated by district level staff

4. A core group that might assume the role of a Healthy School Team is a:

- a. Student study team
- b. Crisis response team
- c. School site council
- d. Any of the above

5. What is a resource map?

- a. A depiction of programs and services currently in place in a school
- b. A map of the school showing the locations of first aid and rescue equipment
- c. A tool to evaluate health programs and services
- d. A questionnaire sent to parents as part of needs assessment

6. Once a school has developed an implementation plan for a coordinated school health program, what support mechanism(s) will be needed?

- a. Professional development for school staff
- b. Ongoing communication among staff about what is and is not working
- c. A plan for technical assistance and collegial support
- d. All of the above

7. What do school or districts need to ensure the successful implementation and sustainability of a coordinated school health program?

- a. A principal who is a strong advocate independent of district-level leadership
- b. A broad-based district advisory committee that works with and assists the Healthy School Team
- c. Strategies to discourage meetings where people discuss opposing viewpoints about charged issues
- d. The separation of a school's health goals from its educational goals

8. Communication, cooperation, coordination, and collaboration are described as which of the following?

- a. Key processes to help districts and schools strengthen support for coordinated school health programs
- b. Key processes to help districts and schools plan coordinated school health programs
- c. Key processes to help districts and schools implement coordinated school health programs
- d. All of the above

9. Implementing a coordinated school health program addresses which of the following Education Goals 2000?

- a. Goal 1
- b. Goal 4
- c. Goal 7
- d. All of the goals

10. Block grant funding:

- a. Increases accountability
- b. Decreases the likelihood of funding cuts
- c. Fixes allocations
- d. All of the above