

Resources and Tools

The American Society of Psychosocial and Behavioral Oncology/AIDS (ASPBOA)

www.aspboa.org

ASPBOA is a multidisciplinary group of professionals working in the field of psychosocial and behavioral oncology, caring for patients with cancer, AIDS, and allied diseases. First organized as The American Society of Psychiatric Oncology/AIDS in 1986, both the membership and leadership of the group has changed to reflect the full range of disciplines that are involved with clinical care, research, teaching, and advocacy for patients with cancer, AIDS, and allied diseases, and their families. Dr. William Breitbart is a founding member of this organization and Dr. Harvey Max Chochinov is a member-at-large.

Canadian Virtual Hospice

www.canadianvirtualhospice.ca

The Canadian Virtual Hospice will be an Internet-based interactive network that will enable the provision of mutual support, and facilitate the exchange of information, communication, and collaboration, between and among health care professionals, palliative care researchers, the terminally ill, and their families. Dr. Harvey Max Chochinov is a principal investigator for this program.

CancerCare Manitoba

www.cancercare.mb.ca/

CancerCare Manitoba is responsible for cancer prevention, detection, care, research and education throughout this Canadian province, and strives to enhance the quality of life for all people living with Cancer. Dr. Harvey Max Chochinov is head of psychosocial oncology at CancerCare Manitoba

Memorial Sloan-Kettering Cancer Center

www.mskcc.org

Dr. William Breitbart is chief of the psychiatry service and attending psychiatrist in the Department of Psychiatry at Memorial Sloan-Kettering Cancer Center in New York City.

Project on Death in America (PDIA)

www.soros.org/death

The mission of the Project on Death in America is to understand and transform the culture and experience of dying and bereavement through initiatives in research, scholarship, the humanities, and the arts, and to foster innovations in the provision of care, public education, professional education, and public policy. Drs. William Breitbart and Harvey Max Chochinov are both PDIA Faculty Scholars.

University of Manitoba

www.umanitoba.ca/

Dr. Harvey Max Chochinov is a professor of psychiatry at the University of Manitoba. He was recently awarded a seven-year, Tier I Chair in Palliative Care endowed for Can\$1.4 million from the Canada Research Chairs (CRC) Program. Dr. Janice Mulder is a lecturer in family medicine at the university.

OTHER RELATED WEBSITES:

Beck Scales

mail.med.upenn.edu/~abeck/scales.html

This site gives an introduction to the Beck Scales, including the Beck Hopelessness Scale (BHS) discussed in the Featured Innovation with Dr. William Breitbart. The Beck Hopelessness Scale is used to measure three major aspects of hopelessness: feelings about the future, loss of motivation, and expectations.

Education for Physicians on End-of-Life Care—Participant's Handbook Module 6: Depression, Anxiety, Delirium

www.epec.net/downloads/module6.pdf

The objectives of this module in the EPEC Curriculum are to identify depression, anxiety, and delirium in patients facing the end of their lives and to describe common approaches to managing each symptom. All twelve modules of the curriculum's Participant Handbook can be downloaded via epec.net/content/participantshandbook.html. (Requires Adobe Acrobat www.adobe.com/products/acrobat/)

FACIT: Functional Assessment of Chronic Illness Therapy

www.facit.org

The FACIT system is a collection of quality of life questionnaires targeted to the management of chronic illness, developed by David Cella, PhD, of the Center on Outcomes, Research, and Education, Evanston Northwestern Healthcare. In the Featured Innovation, Dr. William Breitbart discusses his use of the FACIT spiritual well-being scale.

Fast Fact and Concept #07: Depression in Advanced Cancer

www.eperc.mcw.edu/educate/flash/fastfact/99.htm

Fast Facts are a collection of one-page summaries of key information on important end-of-life clinical topics for end-of-life educators and clinicians. This concept was developed by Eric Warm, MD, assistant professor of medicine at the University of Cincinnati and featured innovator in Vol. 4, No. 5 of *Innovations in End-of-Life Care* on [Designing Postgraduate Training in End-of-Life Care](#). For links to other *Fast Facts*, see that issue's [Resources & Tools](#) page.

Hospital Anxiety and Depression (HAD) Scale

cebmh.warne.ox.ac.uk/cebmh/elmh/depression/diagnosis/had.html

The Hospital Anxiety and Depression Scale is a self-report questionnaire used by clinicians and researchers to check whether patients are suffering from depression or generalized anxiety disorders, and if so, how severely. The scale enables you to establish the presence and severity of both anxiety and depression simultaneously, while giving a separate score for each.

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<http://www2.edc.org/lastacts/archives/archivesNov02/resources.asp>

Promoting Excellence in End-of-Life Care

www.promotingexcellence.org/

A national program office of The Robert Wood Johnson Foundation with direction and technical assistance provided by the Practical Ethics Center at the University of Montana. Promoting Excellence is currently funding 22 projects to improve palliative care in different parts of the United States. This site has a directory of tools used by grantees, and includes a PDF of the **McGill Quality of Life Questionnaire**. To access this and other tools go to their instruments page at www.promotingexcellence.org/instruments/index.html and then click on "Key Clinical Assessment and Research Tools" and then click on "Tools listed alphabetically" to find the McGill QoL tool, references, and contact information.

Special Committee on Euthanasia and Assisted-Suicide

www.rights.org/deathnet/Senate/senate.html

The site includes transcripts of hearings and a final report, briefs by witnesses, and biographical data on the senators. Dr. Harvey Max Chochinov's testimony was heard by the senate in October 1994 and again in February 2000.

Viktor Frankl Institut

logotherapy.univie.ac.at

The official website of the Viktor Frankl Institute Vienna includes a newsletter, a listing of international books and journals on logotherapy, as well as listings for worldwide societies and institutes.

Viktor Frankl and Logotherapy

members.aol.com/timlebon/FranklLogotherapy.htm

Another site on the work of Viktor Frankl, this one includes a clear description of logotherapy, in addition to techniques, assessment criteria, developments, and a list of further readings and websites.

Voices in the Night: A Cancer Companion

www.voicesinthenight.com

The May 2001 newsletter features excerpts from an article by Dr. Harvey Max Chochinov entitled "Psychiatry and Terminal Illness," first published in *Canadian Journal of Psychiatry* (2000, Vol. 45, No. 2, pp. 143-150).